Thank you for your enquiry regarding counselling/psychotherapy.

The form below will help to clarify what you need from therapy, as well as whether we can work together effectively.

Please let me know if the form does not work or you would prefer to discuss via telephone / video.

Name:	
Telephone:	
Email:	
Age:	
Do you want to meet face-face or via telephone or video?	Face-to-face ☐ Video ☐ Telephone ☐
How did you find out about my practice? (e.g. word of mouth, GP, online search [please include keywords used], Good Therapy/other database?)	
Are you seeking a concession rate or other form of financial assistance e.g. Medicare, private health insurance, NDIS etc? (see website for info. re options/eligibility)	Yes ☐ No ☐ Assistance sought:
Please provide a summary of the issue/s you would like to work on:	
Are you interested in a particular type of therapy or approach? If yes please state.	Yes ☐ No ☐ Preferred approach:
Do you need a counsellor that can provide a diagnostic assessment or report?	Yes ☐ No ☐
Are you facing (or likely to face) any legal issues?	Yes ☐ No ☐
It is recommended that sessions are undertaken on a minimum weekly basis. Is this what you have in mind? If no, please state frequency preferences and reason.	Yes ☐ No ☐ >
Do you have a preference regarding length of treatment, e.g. brief therapy, longer term, or open ended? If yes please state.	Yes ☐ No ☐ Length of treatment:

Thank you for completing the form.

Please forward to me at eleni@psychotherapyinmelbourne.au and I will be in touch with you again shortly.